CARE AFTER A NEEDLE CORE BREAST BIOPSY
FOR AMBULATORY SERVICES

- You may notice some tenderness and bruising around the site of your biopsy.
- If you notice excessive bleeding, redness, heat, or have severe pain from the biopsy site contact your physician, the Breast Center or the Radiology Department as you are instructed.

DAY OF PROCEDURE
- Wear a good supporting bra day and night.
- Place an ice pack inside your bra, on top of the dressing, for 20 minutes every hour, until bedtime.
- You may take Tylenol. Do not take aspirin, ibuprofen, Advil, or Motrin for at least 24 hours, unless advised differently by your doctor.
- Do not participate in strenuous activity for 24 hours. (sports, aerobics, heavy lifting)
  Sponge bathe only - avoid getting the dressing wet.

THE NEXT DAY
- Remove the outer dressing, if present. Do not remove the steri-strip.
- You may take a shower or tub bath with the steri-strip in place.

CONTINUED CARE
- A Breast Center Nurse will contact you to check your progress and answer questions.
- Cut away the ends of the steri-strip as it peels off on its own. After 1 week, any remaining strip may be removed.
- If steri-strip falls off, replace with Band-Aid. Replace Band-Aid daily.
- You will be notified of test results within 48 hours.

POST PROCEDURE MAMMOGRAM FOR MARKER PLACEMENT
- Breast marker is in the desired position.
- Breast marker failed to deploy
- Breast marker deployed, but not in the desired location. Further explanation/follow-up is necessary